



ABS
Acute Intermittent Hypoxia
for Breathing and Sitting
after Spinal Cord Injury

Help test a new intervention to improve breathing and sitting after spinal cord injury

Clinicians and researchers at Brooks Rehabilitation and the University of Florida are studying if a new rehabilitation technique can increase strength and improve breathing, sitting, or standing function after spinal cord injury.

We will assess how breathing short exposures (60-120 seconds) of low-oxygen air affects functions such as:

- Breathing at rest
- Breathing strength
- Seated functional abilities
- Standing abilities

Procedures will be adjusted for each individual. You will be asked to attend 2-3 visits at least 7 days apart.

Participants will receive:

- \$75 per visit for their time

Location

- In-person visits at Brooks Rehabilitation in Jacksonville, FL

Are you eligible?

- Adults ages 18-65
- ≥6 months post C4-T12 spinal cord injury
- Other eligibility criteria will apply

For more information, call or e-mail:

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- Study Physical Therapist
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